



# School Syllabus

Session 2025-26



**DAV PUBLIC SCHOOLS**

Jharkhand Zone - B

*Managed by : DAV College Managing Committee, New Delhi-110055*

**CLASS  
X**

**JHARKHAND ZONE B**  
**SYLLABUS FOR CLASS X**  
**ENGLISH**  
**Session: 2025-26**

| <b>MONTH</b>                | <b>FIRST FLIGHT</b>                                       | <b>FOOTPRINTS</b>                                      | <b>GRAMMAR/WRITING</b>                          |
|-----------------------------|-----------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------|
| <b>APRIL</b>                | A Letter to God, Dust of Snow,<br>Fire and Ice            | The Triumph of<br>Surgery                              | Narration, Tenses                               |
| <b>MAY</b>                  | Long walk to Freedom, A<br>Tiger in the Zoo               | A Thief's Story                                        | Analytical Paragraph,<br>Subject-verb Agreement |
| <b>JUNE</b>                 | Two Stories About Flying<br>How to Tell Wild Animals      | The Midnight<br>Visitor                                |                                                 |
| <b>JULY</b>                 | From the Diary of Ann Frank<br>The Ball Poem              | A Question of<br>Trust                                 | Determiners                                     |
| <b>AUGUST</b>               | Glimpses of India<br>Mijbil the Otter<br>The Trees        | Footprints<br>Without Feet<br>Making of a<br>Scientist | Formal Letter                                   |
| <b>SEPTEMBER</b>            | Amanda                                                    |                                                        |                                                 |
| <b>Half Yearly<br/>Exam</b> | Half Yearly Exam                                          | Half Yearly Exam                                       | Half Yearly Exam                                |
| <b>OCTOBER</b>              | Madam Rides the Bus,<br>The Tale of Custard the<br>Dragon | The Necklace<br>Bholi                                  | Modals                                          |
| <b>NOVEMBER</b>             | The Sermon at Benares, For<br>Anne Gregory, The Proposal  | The Book that<br>saved the earth                       |                                                 |
| <b>DECEMBER</b>             | <b>Revision</b>                                           | <b>Revision</b>                                        | <b>Revision</b>                                 |

**झारखंड ज़ोन B**  
**वर्ग 10 हिंदी**  
**सिलेबस**

| <b>प्रथम सत्र पाठ्यक्रम</b>                                                      |
|----------------------------------------------------------------------------------|
| <b>अप्रैल और मई</b> - क्षितिज गद्य भाग- नेताजी का चश्मा, बाल गोबिन भगत           |
| पद्य -सूर के पद, राम लक्ष्मण परशुराम संवाद,                                      |
| कृतिका -माता का अंचल                                                             |
| व्याकरण -अपठित गद्यांश, पद्यांश, वाक्य, वाच्य                                    |
| <b>जून और जुलाई</b>                                                              |
| क्षितिज गद्य भाग-लखनवी अंदाज,                                                    |
| पद्य भाग- आत्मकथ्य                                                               |
| कृतिका- साना साना हाथ जोड़ि                                                      |
| व्याकरण - अनुच्छेद लेखन, पत्र, विज्ञापन, संदेश, स्ववृत्त, ईमेल, अलंकार, पद परिचय |
| <b>अगस्त और सितंबर-</b>                                                          |
| क्षितिज-पद्य भाग -पठित कविताओं की पुनरावृत्ति                                    |
| गद्य भाग -पठित पाठों की पुनरावृत्ति                                              |
| व्याकरण -पुनरावृत्ति                                                             |
| <b>अक्टूबर नवंबर</b>                                                             |
| क्षितिज पद्य भाग- उत्साह, अट नहीं रही है, यह दंतुरित मुस्कान, संगतकार            |
| गद्य भाग -एक कहानी यह भी, नौबतखाने में इबादत, संस्कृति                           |
| कृतिका -मैं क्यों लिखता हूँ                                                      |
| व्याकरण - पुनरावृत्ति                                                            |
| <b>दिसंबर जनवरी</b>                                                              |
| प्रैक्टिस टेस्ट और पुनरावृत्ति                                                   |

**JHARKHAND ZONE B**  
**CLASS –X [SESSION – 2025-26]**  
**SCHEDULE OF SYLLABUS**  
**SUBJECT: SANSKRIT-X**

| MONTHS                     | CHAPTER / UNIT                                                                                                                                                                                                            |                                                                                                                              | SPECIFIC EXAMS/TEST   |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------|
|                            |                                                                                                                                                                                                                           |                                                                                                                              |                       |
| APRIL, 2025                | व्याकरणम् --स्वर सन्धि - बृद्धि सन्धि यण्, अयादि,,<br>व्यञ्जनसन्धि:-पूर्णरूप, तुगागम,परिवर्तन, अनुस्वार स्थाने<br>पंचम् वर्णस्य प्रयोगः, वर्गीयप्रथमवर्णस्य तृतीय वर्णे<br>परिवर्तनम्,प्रथमवर्णस्य पञ्चमवर्णे परिवर्तनम्। | प्रथमः पाठः,पाठस्य आदर्शवाचनम्-<br>अर्थवबोधनम्।व्याकरणविश्लेषणम्।                                                            |                       |
| MAY,2025                   | कृत्प्रत्ययौ - तव्यत्- अनीयर, विसर्गसन्धि-विसर्गस्य<br>उत्त्वम्,रत्वम्,विसर्गलोपः,विसर्गस्थाने स्, श्, ष्<br>समास-तत्पुरुष समास।                                                                                          | द्वितीयःपाठः-पाठस्य<br>आदर्शवाचनम्,अर्थवबोधनम्,व्याकरणविश्लेषणम्। तृतीयः<br>पाठः-आदर्शवाचनम् अर्थवबोधनम् ,व्याकरणविश्लेषणम्। | प्रथम ईकाइ परीक्षा।   |
| JUNE,2025                  | विभक्ति तत्पुरुष,उपपद तत्पुरुष , नञ् समास<br>द्वंद्व समास ।                                                                                                                                                               | पठितपाठस्यपुनरावृत्तिः।चतुर्थः पाठः-<br>आदर्शवाचनम्,अर्थवबोधनम् व्याकरणस्य प्रयोगः                                           |                       |
| JULY,2025                  | अव्ययीभाव समासः।प्रत्ययाः-मतुप्- ठक्,त्व-तल्,स्त्रीप्रत्ययौ-<br>टाप्-डीप्।                                                                                                                                                | पञ्चमः-षष्ठःपाठः- आदर्शवाचनम्,अर्थवबोधनम्,<br>व्याकरणज्ञानम्।                                                                | द्वितीय ईकाइ परीक्षा। |
| AUGUST,2025                | वाच्यपरिवर्तनम्-कर्तृ-कर्म वाच्य(केवलं लट्<br>लकारे।)समयः(अङ्कानाम् स्थाने शब्देषु समयलेखनम्।)                                                                                                                            | सप्तमःपाठः-आदर्शवाचनम्,अर्थवबोधनम् , व्याकरणम्।                                                                              |                       |
| SEPTEMBER,2025             | अव्यय-अशुद्धिसंशोधनम्।व्याकरणस्य पुनरावृत्तिः।                                                                                                                                                                            | पठितपाठस्य पुनरावृत्तिः।                                                                                                     |                       |
| TERM - I                   |                                                                                                                                                                                                                           |                                                                                                                              |                       |
| OCTOBER,2025               | व्याकरणस्य पुनरावृत्तिः                                                                                                                                                                                                   | अष्टमः-नवमःपाठः,आदर्शवाचनम्,अर्थवबोधनम्,<br>व्याकरणज्ञानम्।                                                                  |                       |
| NOVEMBER,2025              | व्याकरणस्य पुनरावृत्तिः                                                                                                                                                                                                   | दशमः- एकादशः पाठः,आदर्शवाचनम्,अर्थवबोधनम्,<br>व्याकरणज्ञानम्।                                                                |                       |
| MOCK TEST – I              |                                                                                                                                                                                                                           | DECEMBER,2025                                                                                                                |                       |
| MOCK TEST –II              |                                                                                                                                                                                                                           | DECEMBER,2025                                                                                                                |                       |
| PRE-PRACTICAL/PROJECT EXAM |                                                                                                                                                                                                                           | DECEMBER,2025                                                                                                                |                       |
| PRE-BOARDEXAMINATION       |                                                                                                                                                                                                                           | JANUARY,2026                                                                                                                 |                       |

**JHARKHAND ZONE B**  
**SYLLABUS FOR CLASS X**  
**MATHEMATICS**  
**Session: 2025-26**

| <b>MONTH</b>     | <b>CHAPTER/UNIT</b>                                                                             | <b>ACTIVITY</b>                              |
|------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------|
| April            | Chapter – 1 Real Number<br>Chapter – 2 Polynomial                                               |                                              |
| May              | Chapter – 3 Linear equation in two variables                                                    | Activity -1 Condition of consistence         |
| June             | Chapter – 4 Quadratic equation                                                                  |                                              |
| July             | Chapter – 5 Arithmetic Progression<br>Chapter – 6 Triangles<br>Chapter – 7 Co-ordinate Geometry | Activity – 2 Thales Theorem                  |
| August           | Chapter – 8 Introduction to trigonometry<br>Chapter- 9 Application of Trigonometry              | Activity – 3 Sum of first n natural number   |
| <b>September</b> | <b>Revision First Term Exam</b>                                                                 |                                              |
| October          | Chapter – 10 Circles<br>Chapter – 11 Area related to circle                                     | Activity – 4 Properties of circles           |
| November         | Chapter – 12 Surface area of volumes<br>Chapter – 13 Statistics<br>Chapter – 14 Probability     | Activity – 5 To find mean for data collected |
| December         | Revision of MCQ, Assertion, Reasoning<br>Question and case study questions                      |                                              |
| January          | Mock Test and Solution of QP<br>Pre Board Exam                                                  |                                              |
| February         | Counseling, Annual Examination                                                                  |                                              |
| March            | Annual Examination                                                                              |                                              |

**JHARKHAND ZONE B**  
**CLASS -X [SESSION-2025-26]**  
**SCHEDULE OF SYLLABUS**  
**SUBJECT: PHYSICS X**

| MONTHS                     | CHAPTER / UNIT          |                                  |                                  | SPECIFIC EXAMS/TEST |
|----------------------------|-------------------------|----------------------------------|----------------------------------|---------------------|
|                            |                         | TERM I                           |                                  |                     |
| April, 2025                | CHAPTER 10              | NATURAL PHENOMENON               | LIGHT- REFLECTION AND REFRACTION |                     |
|                            |                         |                                  |                                  |                     |
| May,2025                   | CHAPTER 10              | NATURAL PHENOMENON               | LIGHT- REFLECTION AND REFRACTION | UNIT TEST I         |
|                            |                         |                                  |                                  |                     |
| June,2025                  | CHAPTER 10              | NATURAL PHENOMENON               | LIGHT- REFLECTION AND REFRACTION |                     |
|                            |                         |                                  |                                  |                     |
| July,2025                  | CHAPTER 11              | Human eye and the colorful world | HUMAN EYE AND THE COLORFUL WORLD |                     |
|                            |                         |                                  |                                  |                     |
| August,2025                | CHAPTER 11              | Human eye and the colorful world | HUMAN EYE AND THE COLORFUL WORLD | UNIT TEST II        |
|                            | Rivision for the Term I |                                  |                                  |                     |
| September,2025             | Half yearly Examination |                                  |                                  |                     |
|                            |                         |                                  |                                  |                     |
| TERM - II                  |                         |                                  |                                  |                     |
| October,2025               | CHAPTER 12              | EFFECTS OF CURRENT               | ELECTRICITY                      |                     |
|                            |                         |                                  |                                  |                     |
| November,2025              | CHAPTER 13              | EFFECTS OF CURRENT               | MAGNETIC EFFECTS OF CURRENT      | PRACTICE TEST       |
|                            |                         |                                  |                                  |                     |
| MOCK TEST - I              |                         | DECEMBER,2025                    |                                  |                     |
| MOCK TEST -II              |                         | DECEMBER,2025                    |                                  |                     |
| PRE-PRACTICAL/PROJECT EXAM |                         | DECEMBER,2025                    |                                  |                     |
| PRE-BOARDEXAMINATION       |                         | JANUARY,2026                     |                                  |                     |

**JHARKHAND ZONE B**  
**CLASS -X [SESSION - 2025-26]**  
**SCHEDULE OF SYLLABUS**  
**CHEMISTRY- CLASS X**

**NAME OF TEXT BOOK:- SCIENCE - FOR CLASS 10 (NCERT)**

| MONTHS         | CHAPTER / UNIT                                                                      |                                                                                                                                    | SPECIFIC EXAMS/TEST/<br>ACTIVITY                    |
|----------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
|                | TERM-I                                                                              |                                                                                                                                    |                                                     |
| APRIL, 2025    | CHEMICAL REACTIONS & CHEMICAL EQUATIONS                                             | UPTO TYPES OF REACTION- DISPLACEMENT REACTION                                                                                      | ACTIVITY BASED ON TYPES OF REACTION (BASED ON NCERT |
| MAY,2025       | CHEMICAL REACTIONS & CHEMICAL EQUATIONS                                             | LESSON TO BE COMPLETED                                                                                                             | IST UNIT- TEST                                      |
|                |                                                                                     |                                                                                                                                    | PORTION- CHEMICAL REACTIONS & CHEMICAL EQUATIONS    |
| JUNE,2025      | ACIDS, BASES & SALTS                                                                | UPTO- PROPERTIES OF ACIDS & BASES                                                                                                  | ACTIVITY- BASED ON PROPERTIES OF ACIDS & BASES      |
| JULY,2025      | ACIDS, BASES & SALTS                                                                | LESSON TO BE COMPLETED                                                                                                             | 2ND UNIT TEST- PORTION ACIDS, BASES & SALTS         |
| AUGUST,2025    | METALS & NON-METALS<br>&<br>REVISION OF TERM-I SYLLABUS                             | 1. LESSON TO BE COMPLETED<br>2. REVISION OF CHAPTERS OF TERM-I -<br>CHEMICAL REACTIONS & CHEMICAL EQUATIONS & ACIDS, BASES & SALTS |                                                     |
|                |                                                                                     |                                                                                                                                    |                                                     |
| SEPTEMBER,2025 | TERM-I EXAMINATION 2025-2026                                                        |                                                                                                                                    |                                                     |
| TERM - II      |                                                                                     |                                                                                                                                    |                                                     |
| OCTOBER,2025   | CARBON & ITS COMPOUNDS                                                              | UPTO- GENERAL PROPERTIES OF CARBON COMPOUNDS                                                                                       |                                                     |
| NOVEMBER,2025  | CARBON & ITS COMPOUNDS                                                              | LESSON TO BE COMPLETED BY 15TH NOVEMBER 2025                                                                                       | FROM 20TH NOVEMBER PRACTICE SET TEST-1 PORTION-     |
| DECEMBER,2025  | PRACTICE SET TEST-2<br>PORTION- 1- METALS & NON-METALS<br>2. CARBON & ITS COMPOUNDS | PRTACTICE SET TEST-3<br>PORTION- WHOLE SYLLABUS                                                                                    |                                                     |
| JANUARY,2026   | PRE-BOARD EXAMINATION (WHOLE SYLLABUS)                                              | 1.CHEMICAL REACTIONS & CHEMICAL EQUATIONS<br>2. ACIDS, BASES & SALTS<br>3. METALS & NON-METALS<br>4. CARBON & ITS COMPOUNDS        |                                                     |
| FEBRUARY, 2026 | BOARD EXAMINATION (AISSE-2026)                                                      |                                                                                                                                    |                                                     |

**JHARKHAND ZONE B**  
**CLASS -X [SESSION - 2025-26]**  
**SCHEDULE OF SYLLABUS**  
**BIOLOGY CLASS -X**

| MONTHS               | CHAPTER / UNIT             |                      | SPECIFIC EXAMS/TEST |
|----------------------|----------------------------|----------------------|---------------------|
|                      |                            | TERM-I               |                     |
| APRIL, 2025          | LIFE PROCESS               | NUTRITION IN PLANTS  |                     |
|                      |                            | NUTRITION IN ANIMALS |                     |
| MAY,2025             | LIFE PROCESS (CONTD.)      | RESPIRATION          | IST UNIT TEST       |
|                      |                            | TRANSPORTATION       |                     |
| JUNE,2025            | LIFE PROCESS (CONTD.)      | EXCRETION            |                     |
|                      |                            | IN ANIMALS& PLANTS   |                     |
| JULY,2025            | CONTROL & COORDINATION     | PLANTS               | 2ND UNIT TEST       |
|                      |                            | ANIMALS              |                     |
| AUGUST,2025          | HOW DO ORGANISMS REPRODUCE | IN PLANTS            |                     |
|                      | REVISION                   |                      |                     |
| SEPTEMBER,2025       | HELPHYELY EXAM 2025- 2026  |                      |                     |
|                      |                            |                      |                     |
| TERM - II            |                            |                      |                     |
| OCTOBER,2025         | REPRODUCTION IN ANIMALS    |                      | 3RD UNIT TEST       |
|                      | HEREDITY & EVOLUTION       | MENDELS LAWS         |                     |
|                      | HEREDITY CHEP.( CONTD.)    |                      |                     |
| NOVEMBER,2025        | OUR ENVIRONMENT            | FOOD CHAIN, FOOD WEB |                     |
| DECEMBER 2025        |                            | PRACTICE TEST-1      |                     |
| DECEMBER 2025        |                            | PRACTICE TEST-2      |                     |
| PRE-BOARDEXAMINATION |                            | JANUARY,2026         |                     |

**JHARKHAND ZONE B**  
**CLASS –X**  
**SCHEDULE OF SYLLABUS [SESSION – 2025-26]**  
**SUBJECT: Social Science**

| MONTHS               | SUBJECTS                                                           | CHAPTERS                                                                                                                                            | SPECIFIC EXAMS/TEST |
|----------------------|--------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| APRIL,2025           | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. The rise of Nationalism in Europe<br>2. Power Sharing<br>3. Development (1st)<br>4. Resources and Development                                    |                     |
| MAY,2025             | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. The Rise of Nationalism in India<br>2. Federalism<br>3. Sectors of the Indian Economy<br>4. Forest and wildlife resources                        | ****                |
| JUNE,2025            | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. The rise of Nationalism in India<br>2. Gender, Religion and Caste<br>3. Money and Credit (1st)<br>4. Water Resources                             | ****                |
| JULY,2025            | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. The Making of a Modern World<br>2. Political Parties<br>3. Money and Credit (Final)<br>4. Agriculture                                            | Unit Test           |
|                      |                                                                    |                                                                                                                                                     | ****                |
| AUGUST,2025          | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. Print Culture and the Modern World<br>2. Outcomes of Democracy<br>3. Globalisation and the Indian Economy<br>4. Mineral and Energy Resources     | Unit Test           |
| SEPTEMBER,2025       | 1. History<br>2. Political Science<br>3. Economics<br>4. Geography | 1. Print Culture and the Modern World<br>2. Outcomes of Democracy<br>3. Globalisation and the Indian Economy (Final)<br>4. Manufacturing Industries | Mid Term            |
| OCTOBER,2025         |                                                                    |                                                                                                                                                     |                     |
| NOVEMBER,2025        |                                                                    |                                                                                                                                                     | ****                |
| MOCK TEST – I        |                                                                    | DECEMBER,2025                                                                                                                                       |                     |
| MOCK TEST –II        |                                                                    | DECEMBER,2025                                                                                                                                       |                     |
| PRE-BOARDEXAMINATION |                                                                    | JANUARY,2026                                                                                                                                        |                     |

# JHARKHAND ZONE B

## CLASS – X

### SCHEDULE OF SYLLABUS [SESSION – 2025-26]

#### SUBJECT: Information Technology (402)

| <b>MONTHS</b>         | <b>CHAPTER/UNIT</b>                                                    | <b>TOPICS</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>SPECIFIC EXAMS/TEST</b>                                                |
|-----------------------|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>APRIL,2025</b>     | <b>1. Digital Documentation (Advanced) (Specific Skills)</b>           | Crate and Apply Styles in the document, Insert and use images in documents, Craete and use template, Create and customize table of contents                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>MCQ based on Writer</b>                                                |
| <b>MAY,2025</b>       | <b>1. Communication Skill-II (Employability Skills)</b>                | Methods of Communication, Verbal Communication, Non-verbal Communication, Communication Cycle and Importance of Feedback, Barriers to Effective Communication, Writing Skills — Parts of Speech, Sentences                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>****</b>                                                               |
| <b>JUNE,2025</b>      | <b>2. Self-Management Skills-II</b>                                    | Stress Management, Self-awareness — Strength and Weakness Analysis, Self-motivation, Self-regulation — Goal Setting & Time Management                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>****</b>                                                               |
| <b>JULY,2025</b>      | <b>2. Electrionic Spreadsheet (Advanced) (Specific Skills)</b>         | Analyse data using scenarios and goal seek, Link data and spreadsheet, Share and review a spreadsheet, Create and use Macros in spreadsheet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>MCQ based on Calc</b>                                                  |
| <b>AUGUST,2025</b>    | <b>3. ICT Skill-II (Employability Skills)</b>                          | Basic Computer Operations, Performing Basic File Operations, Computer Care and Maintenance, Computer Security and Privacy                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>****</b>                                                               |
| <b>SEPTEMBER,2025</b> | <b>3. Database Management System</b>                                   | Appreciate the concept of DBMS, Create and edit tables using wizard and SQL commands, Perform operations on table, Retrieve data using query, Create Forms and Reports using wizard                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>MCQ based on DBMS</b>                                                  |
| <b>TERM - I</b>       |                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                           |
| <b>OCTOBER,2025</b>   | <b>4. Entrepreneurial Skills-II (Employability Skills)</b>             | Entrepreneurship and Society, Qualities and Functions of an Entrepreneur, Myths about Entrepreneurship, Entrepreneurship as a Career Option                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>****</b>                                                               |
| <b>OCTOBER,2025</b>   | <b>4.1. Health, Safety and Security at Workplace (Specific Skills)</b> | <ul style="list-style-type: none"><li>• Introduction to Health, Safety, and Security At Workplace</li><li>• Policies and Procedures for Healthy, Safety and Security</li><li>• Reasons for Health, Safety, and Security Programs or Policies in the Workplace</li><li>• Workplace Safety Hazards<ul style="list-style-type: none"><li>• Physical Hazards</li><li>• Electrical Hazards</li></ul></li><li>• Falling Off Heights, Slipping and Tripping<ul style="list-style-type: none"><li>• Fire Hazards</li><li>• Health Hazards</li></ul></li><li>• Potential Sources of Hazards in an Organisation<ul style="list-style-type: none"><li>• Hazards using Computers</li></ul></li><li>• Handling Office Equipment<ul style="list-style-type: none"><li>• Handling Objects</li><li>• Stress at Work</li><li>• Working Environment</li><li>• Hazard Control</li><li>• Safety Guidelines Checklist</li></ul></li></ul> | <b>MCQ based on Maintain Healthy, Safe and Secure Working Environment</b> |

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| OCTOBER,2025                             | 4.2. Workplace Quality Measures (Specific Skills)        | <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Air and Water Quality Monitoring Process</li> <li>• Guidelines for Clean Air and Clean Water</li> <li>• Importance of Cleanliness at Workplace</li> <li>• Office Ergonomics</li> <li>• Computer Health and Safety Tips</li> <li>• Musculoskeletal Problems: Occupational Overuse Syndrome, Strain in Legs and Feet, Eye Strain,</li> <li>• To reduce the risks of visual problems: Headaches, Obesity, Stress Disorders, Injuries from Laptop Use, Sleeping Problems</li> <li>• Health and Safety Requirements for Computer Workplace</li> <li>• Cautions while Working on the Computer</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | MCQ based on Maintain Healthy, Safe and Secure Working Environment |
| NOVEMBER,2025                            | 4.3. Prevent Accidents and Emergencies (Specific Skills) | <ul style="list-style-type: none"> <li>• Accident and Emergencies:</li> <li>• Notice and Correctly Identify Accidents and Emergencies</li> <li>• Get help Promptly and in the Most Suitable Way</li> <li>• Follow Company Policies and Procedures for Preventing Further Injury While Waiting for Help to Arrive</li> <li>• Act within the Limits of your Responsibility and Authority when Accidents and Emergencies Arise,</li> <li>• Promptly Follow Instructions given by Senior Staff and the Emergency Services</li> <li>• Types of Accidents</li> <li>• Trip and Fall</li> <li>• Slip and Fall</li> <li>• Injuries caused due to Escalators or Elevators (or lifts)</li> <li>• Accidents due to Falling of Goods</li> <li>• Accidents due to Moving Objects</li> <li>• Handling Accidents:</li> <li>• Attend to the Injured Person Immediately,</li> <li>• Inform your Supervisor</li> <li>• Assist your Supervisor</li> <li>• Types of Emergencies</li> <li>• First Aid,</li> <li>• Electrical Safety</li> <li>• Evacuation</li> <li>• General Evacuation Procedures</li> <li>• Fire Hazards in the Workplace</li> <li>• Fire Prevention</li> <li>• Identification of Material and Ignition Sources</li> <li>• First Aid for Electrical Emergencies</li> <li>• Electrical Rescue Techniques</li> </ul> | MCQ based on Maintain Healthy, Safe and Secure Working Environment |
| NOVEMBER,2025                            | 5. Green Skill-II (Employability Skills)                 | Sustainable Development, Our Role in Sustainable Development                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | ****                                                               |
| MOCK TEST – I DECEMBER,2025              |                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                    |
| MOCK TEST –II DECEMBER,2025              |                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                    |
| PRE-PRACTICAL/PROJECT EXAM DECEMBER,2025 |                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                    |
| PRE-BOARDEXAMINATION JANUARY,2026        |                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                    |

